

Swim Schedule 2022 June 19 - September 3
THE YMCA of KLAMATH FALLS 1221 S. Alameda Ave, Klamath Falls , OR 97603
Phone (541) 884-4149 www.kfallsymca.org

Children may attend aquatics classes and open swims provided they are 52 inches tall, proficient swimmers, and active participants in classes.
Children must be accompanied by someone 18 years or older to attend family swim time.
Must be able to swim 25 yards to participate in lap swim.

Start Time:		5:00 AM	Time Interval:		15	(in minutes)		
Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
5:00 AM	Facility Closes Sunday	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am		
5:15 AM								
5:30 AM								
5:45 AM								
6:00 AM								
6:15 AM								
6:30 AM								
6:45 AM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance		
7:00 AM		1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am		
7:15 AM								
7:30 AM								
7:45 AM								
8:00 AM		Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am		
8:15 AM								
8:30 AM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance		
8:45 AM								
9:00 AM		Water Aerobics 9-10am	AquaZumba® 9-10am	Water Aerobics 9-10am	AquaZumba® 9-10am	Water Aerobics 9-10am		Aqua Jogger 9-10am
9:15 AM								
9:30 AM								
9:45 AM								
10:00 AM	Pre school camp kids 10-10:45am	KBBH 10-11pm	Day Time Summer Camp 10-11am	Family Swim 10-11pm	Day Time Summer Camp 10-11am	Senior Get Along 10-10:45am		
10:15 AM								
10:30 AM	Pool Maintenance		Pool Maintenance		Pool Maintenance	Pool Maintenance		
10:45 AM								
11:00 AM	Water Wellness 11:15-12pm	Swim Lessons 11am-12pm	Water Wellness 11:15-12pm	Swim Lessons 11am-12pm	Water Wellness 11:15-12pm	*Lap Swim 11am-12pm		
11:15 AM								
11:30 AM								
11:45 AM								

***Lap Swim Regular Swim Rules**

- Must swim 25 yards to participate in lap swim
- Lap swims have 3 swim lanes plus one walk/jog lane
- Must shower before entering the pool

Morning Swim Schedule



Afternoon Swim Schedule

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00 PM		*Lap Swim 12-1pm	Pool Maintenance	*Lap Swim 12-1pm	*Lap Swim 12:15-1pm	*Lap Swim 12-1pm	*Lap Swim Cont. 12-1:15pm
12:15 PM							
12:30 PM							
12:45 PM							
1:00 PM	Facility Closes Sunday	AquaZumba® 1-2pm	Water Aerobics 1-2pm	AquaZumba® 1-2pm	Water Aerobics 1-2pm	Water Aerobics 1-2pm	Pool Maintenance
1:15 PM							
1:30 PM		*Lap Swim 2-3pm	Advanced Lap Swim 2-3:15pm	Day Time Summer Camp 2-3pm	Advanced Lap Swim 2-3:15pm	Day Time Summer Camp 2-3pm	Open Swim 1:30-2:45pm
1:45 PM							
2:00 PM		Pool Maintenance		Pool Maintenance			
2:15 PM							
2:30 PM		Open Swim 3:15-4pm	Swim Lessons 3:15-4:15pm	Open Swim 3:15-4pm	Swim Lessons 3:15-4:15pm		Family Swim 2:45-3:45pm
2:45 PM							
3:00 PM		Swim Lessons 4-5:30pm	Pool Maintenance	Swim Lessons 4-5:30pm	Aqua Jogger 4:30-5:30pm	*Lap Swim 3:15-5pm	Pool Maintenance
3:15 PM							
3:30 PM		Pool Maintenance	Swim Lessons 4-5:30pm	Swim Lessons 4-5:30pm	Aqua Jogger 4:30-5:30pm	*Lap Swim 3:15-5pm	*Lap Swim 4-4:45pm
3:45 PM							
4:00 PM		Pool Maintenance	Swim lessons 5:30-6:30pm	Pool Maintenance	Swim lessons 5:30-6:30pm	Pool Maintenance	Pool Maintenance
4:15 PM							
4:30 PM		Open Swim 5:45-6:45pm	Swim lessons 5:30-6:30pm	Open Swim 5:45-6:45pm	Swim lessons 5:30-6:30pm	Open Swim 5:15-6:30pm	
4:45 PM							
4:45 PM		Pool Maintenance	Open Swim 5:45-6:45pm	Pool Maintenance	Open Swim 5:45-6:45pm	Open Swim 5:15-6:30pm	
5:00 PM							
5:15 PM		Lap Swim 6:45-7:45pm	Water Aerobics 6:45-7:45pm	Lap Swim 6:45-7:45pm	Water Aerobics 6:45-7:45pm	*Lap Swim 6:30-7:45pm	
5:30 PM							
5:45 PM	Pool Maintenance	Water Aerobics 6:45-7:45pm	Lap Swim 6:45-7:45pm	Water Aerobics 6:45-7:45pm	*Lap Swim 6:30-7:45pm		
6:00 PM							
6:15 PM	Pool Closes @ 4:45pm						
6:30 PM							
6:45 PM	Closed						
7:00 PM							
7:15 PM							
7:30 PM							
7:45 PM							

Advanced Lap Swim

- This time is for those that want to have more structure to their lap swim.
- We will have swim sets for those that come and the guard on duty will help improve your strokes if you so wish.

***Lap Swim Regular Swim Rules**

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- Lap swims have 3 swim lanes plus one walk/jog lane
- Must shower before entering the pool

