

# Morning Swim Schedule

**Swim Schedule 2020 August 3-31**  
**THE YMCA of KLAMATH FALLS 1221 S. Alameda Ave, Klamath Falls , OR 97603**  
**Phone (541) 884-4149 www.kfallsymca.org**

**Children may attend aquatics classes and open swims provided they are 52 inches tall, proficient swimmers, and active participants in classes.**  
**Children must be accompanied by someone 18 years or older to attend family swim time.**  
**Must be able to swim 25 yards to participate in lap swim.**

Start Time: 5:00 AM Time Interval: 15 (in minutes)

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
5:00 AM							
5:15 AM							
5:30 AM							
5:45 AM		*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	*Lap Swim 5-6:45am	
6:00 AM							
6:15 AM							
6:30 AM							
6:45 AM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
7:00 AM							
7:15 AM		1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	1/2 Lap Swim 1/2 Senior Get Along 7-8am	
7:30 AM							
7:45 AM							
8:00 AM							
8:15 AM		Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	Senior Get Along 8-8:45am	*Lap Swim 8-9am
8:30 AM							
8:45 AM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
9:00 AM							
9:15 AM		Water Aerobics 9-10am	AquaZumba® 9-10am	Water Aerobics 9-10am	AquaZumba® 9-10am	Water Aerobics 9-10am	Aqua Jogger 9-10am
9:30 AM							
9:45 AM							
10:00 AM							
10:15 AM		Swim Lessons 10-11am	Swim Lessons 10-11am	Swim Lessons 10-11am	Swim Lessons 10-11am	Preschool Swim 10-10:45am	Senior Get Along 10-10:45am
10:30 AM							
10:45 AM						Pool Maintenance	Pool Maintenance
11:00 AM							
11:15 AM		Water Wellness 11-11:45am	KBBH 11am-12pm	Water Wellness 11-11:45am	*Lap Swim 11am-12pm	Water Wellness 11-11:45am	*Lap Swim 11am-11:45pm
11:30 AM							
11:45 AM							

**Facility  
Closes  
Sunday**

**\*Lap Swim Regular Swim Rules**

- Must swim 25 yards to participate in lap swim
- Lap swims have 3 swim lanes plus one walk/jog lane
- Must shower before entering the pool



# Afternoon Swim Schedule

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00 PM	Facility Closes Sunday						
12:15 PM		*Lap Swim 11:45-12:45pm	*Lap Swim 12-12:45pm	*Lap Swim 11:45am-12:45pm	*Lap Swim 12-12:45pm	*Lap Swim 11:45am-12:45pm	
12:30 PM							*Lap Swim Cont. 11:45-1:30pm
12:45 PM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
1:00 PM							
1:15 PM		AquaZumba® 1-2pm	Water Aerobics 1-2pm	AquaZumba® 1-2pm	Water Aerobics 1-2pm	Water Aerobics 1-2pm	
1:30 PM							Family Swim 1:30-2:30pm
1:45 PM							
2:00 PM		Pool Maintenance					
2:15 PM			Family Swim 2-3pm			Family Swim 2-3pm	
2:30 PM							Pool Maintenance
2:45 PM				Day Camp Kids Swim 2-4pm		Day Camp Kids Swim 2-4pm	
3:00 PM		*Lap Swim 2:15-4:15pm					Family Swim 2:45-3:45pm
3:15 PM							
3:30 PM			Advanced Lap Swim 3-4:30pm			Advanced Lap Swim 3-4:30pm	
3:45 PM							Pool Maintenance
4:00 PM					Pool Maintenance		
4:15 PM		Pool Maintenance					Pool Maintenance
4:30 PM			Pool Maintenance			Pool Maintenance	*Lap Swim 4-4:45pm
4:45 PM		Family Swim 4:30-5:30pm		*Lap Swim 4:15-5:30pm		*Lap Swim 4:15-5:15pm	
5:00 PM			Aqua Jogger 4:45-5:45pm			Aqua Jogger 4:45-5:45pm	
5:15 PM						Pool Maintenance	
5:30 PM	Pool Maintenance		Pool Maintenance				
5:45 PM						Family Swim 5:30-6:30pm	
6:00 PM							
6:15 PM		Swim Lessons 5:45-7:20pm	Swim Lessons 5:45-7:20pm	Swim Lessons 5:45-7:20pm	Swim Lessons 5:45-7:20pm		
6:30 PM						Pool Closes @ 4:45pm	
6:45 PM						*Lap Swim 6:30-7:45pm	
7:00 PM							
7:15 PM		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance		
7:30 PM							
7:45 PM							
8:00 PM		*Lap Swim 7:30-8:30pm	Water Aerobics 7:30-8:30pm	Family Swim 7:30-8:30pm	Water Aerobics 7:30-8:30pm		
8:15 PM						Closed	
8:30 PM		Closed					

**Advanced Lap Swim**

- This time is for those that want to have more structure to their lap swim.
- We will have swim sets for those that come and the guard on duty will help improve your strokes if you so wish.

**\*Lap Swim Regular Swim Rules**

- Must swim 25 yards to participate in lap swim
- Lap swims have 3 swim lanes plus one walk/jog lane
- Must shower before entering the pool

